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Dr Mazrura Sahani received her Medical Degree from the Catholic University of Leuven in Belgium in 1990. She obtained Master of Public Health in 1997 from the National University of Malaysia (UKM) and PhD in Environmental Management for Health from University of Western Sydney, Richmond Australia in 2004.

She specializes in environmental and occupational epidemiology. She is the founding president of Malaysia Society of Environmental Epidemiology (MySEE) established in 2011. She is currently the Vice President of MySEE. She is one of the pioneers in the Southeast Asian (SEA) Region to assess the potential health impact of air and transboundary biomass air pollution in Malaysia. She worked in the Institute for Medical Research, Ministry of Health Malaysia in 1994 to 2006. She was in the National Outbreak investigation team when Malaysia encountered emerging disease outbreak ie. the Epstein Barr virus on HFMD in 1997 and Nipah virus outbreak in 1999. She became an academic member of the UKM in 2006. Her research interests are environmental and occupational epidemiology, health impact assessment, climate change impact to public health, emerging and re-emerging diseases.